

National Occupational Standards

Level 3 NVQ Diploma in Spa Therapy

NVQ Qualification Structure

Candidates will need to achieve **6 mandatory units** and a **minimum of 19 optional credits** to achieve the qualification.

Mandatory Units (all units must be achieved)

- G18 Promote additional services or products to clients (ICS Unit 10) (6 credits)
- G22 Monitor procedures to safely control work operations (ENTO HSS3) (4 credits)
- B20 Provide body massage treatments (10 credits)
- B28 Provide stone therapy treatments (10 credits)
- S2 Monitor clients and the operation of sauna, steam and hydrotherapy treatments (7 credits)
- S3 Provide body wrapping and flotation treatments (7 credits)

PLUS a minimum of 19 optional credits from the list below:

- G11 Contribute to the financial effectiveness of the business (4 credits)
- B13 Provide body electrical treatments (12 credits)
- B14 Provide facial electrical treatments (12 credits)
- B23 Provide Indian Head massage (7 credits)
- B24 Carry out massage using pre-blended aromatherapy oils (8 credits)
- H32 Contribute to the planning and implementation of promotional activities (5 credits)

ICS – Institute of Customer Services

ENTO – Employment National Training Organisation