

Unit N8 Enhance and maintain nails using wraps

What this unit is about

This unit is providing services to enhance, maintain, repair and remove nails on the hands and feet, using wraps. It covers consulting with the client to establish their requirements and recognising any contra-indications that may affect the service. It also covers preparing and applying wrap overlays to the natural nail and tips to extend and cosmetically improve the nail. The ability to tailor the service and aftercare advice to suit individual client needs, is also required.

To carry out this unit you will need to maintain effective health, safety and hygiene throughout your work. You will also need to maintain your personal appearance and good communication with the client.

The main outcomes of the unit are:

1. Maintain safe and effective methods of working when enhancing, maintaining and removing wrap nail enhancements
2. Consult, plan and prepare for the wrap nail enhancement services
3. Apply wrap overlays to natural nails
4. Apply tip and wrap overlays
5. Maintain wrap enhancements
6. Remove wrap enhancements
7. Provide aftercare advice

Unit N8 Enhance and maintain nails using wraps

What you must do (Performance Criteria)

In order to perform this unit successfully you must:

1. **Maintain safe and effective methods of working when enhancing, maintaining and removing wrap nail enhancements by:**
 - a) preparing the work area and environment to meet legal, hygiene and industry Code of Practice for Nail Services requirements
 - b) ensuring your personal appearance meets accepted industry Code of Practice for Nail Services and organisational requirements
 - c) wearing suitable personal protective equipment for the service that conforms to the industry Code of Practice for Nail Services
 - d) ensuring all tools and equipments are cleaned using the correct methods
 - e) effectively disinfecting your hands prior to nail services
 - f) selecting and correctly positioning suitable equipment, materials and products for the nail services
 - g) ensuring your own posture and position minimises fatigue and the risk of injury whilst working
 - h) ensuring the client is in a comfortable and relaxed position that permits access and minimises the risk of injury to you and the client
 - i) using chemicals in a safe manner without risk of overexposure to self and clients
 - j) taking appropriate and prompt remedial action where contra-actions occur during the course of the nail service
 - k) disposing of waste correctly to meet local authority requirements and the industry Code of Practice for Nail Services
 - l) ensuring that the service is cost effective and is carried out within a commercially viable time
 - m) leaving the work area and equipment in a condition suitable for further nail services
 - n) ensuring the client's records are up-to-date, accurate, easy to read and signed by the client and technician.

2. **Consult, plan and prepare for the wrap nail enhancement services**
 - a) using **consultation techniques** in a polite and friendly manner to record the service plan
 - b) obtaining signed, written informed consent from the client prior to carrying out the service
 - c) ensuring that informed and signed parental or guardian consent is obtained for minors prior to any service
 - d) ensuring that a parent or guardian is present throughout the service for minors under the age of 16
 - e) asking your client appropriate questions to identify if they have any contra-indications to nail services
 - f) accurately recording your client's responses to questioning

Unit N8 Enhance and maintain nails using wraps

- g) taking the **necessary action** in response to any identified contra-indications
- h) encouraging clients to ask questions to clarify any points
- i) ensuring client advice is given without reference to a specific medical condition and without causing undue alarm and concern
- j) effectively disinfecting the area to be treated
- k) effectively removing any existing nail polish or nail enhancements to restore the nails to a natural condition, if required
- l) accurately identifying the condition of the nails and skin
- m) identifying any corrective work to suit the client's natural **nail shape and condition**
- n) explaining your assessment of the client's nail and skin condition in a clear way to help their understanding
- o) recommending nail enhancements to suit the client's **nail shape and condition**
- p) agreeing the service and outcomes that are acceptable to your client and meet their needs.

3. Apply wrap overlays to natural nails by:

- a) removing skin debris to leave the cuticle neat and undamaged
- b) filing the free edge to achieve the required shape and length
- c) removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
- d) adapting **wrap fabrics** and techniques to effectively cosmetically enhance **nail shapes and conditions**
- e) applying the product leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions
- f) using filing techniques to leave the nail balanced to the required shape and length
- g) using buffing techniques effectively to create a high shine finish
- h) ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan.

4. Apply tip and wrap overlays by:

- a) removing skin debris to leave the cuticle neat and undamaged
- b) filing the free edge to achieve the required shape and length
- c) removing surface shine and dehydrating the natural nail to ensure maximum adhesion of overlay
- d) selecting the correct tip size and customising it to suit the client's natural nail
- e) correctly adhering tip to the natural nail to ensure longevity
- f) ensuring the cutting, shaping and position of unblended tips suits the client's natural nail shape, if required
- g) ensuring the cutting, shaping and blending of tips causes no damage to the natural nail and is undetectable, if required
- h) preparing the natural nail surface, prior to wrap application
- i) applying the product leaving a free margin around the cuticle and side wall area of the nail in accordance with manufacturer's instructions

Unit N8 Enhance and maintain nails using wraps

- j) adapting **wrap fabrics** and techniques to effectively cosmetically enhance **nail shapes and conditions**
- k) using filing techniques to leave the nail balanced to the required shape and length
- l) using buffing techniques effectively to create a high shine finish
- m) ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan.

5. Maintain wrap enhancements by:

- a) accurately identifying and resolving any **problems** with the nail enhancements
- b) removing skin debris to leave the cuticle neat and undamaged
- c) filing the free edge to achieve the required shape and length
- d) ensuring the exposed natural nail is cleaned and dehydrated prior to **nail maintenance**
- e) correctly using **nail maintenance** techniques to restore the nail enhancement to its original condition, following manufacturer's instructions
- f) ensuring the finished nail enhancements are to the client's satisfaction and meet the agreed service plan

6. Remove wrap enhancements by:

- a) using wrap **removal** techniques safely and effectively, following manufacturer's instructions
- b) ensuring the natural nail plate and surrounding skin is undamaged and free from product
- c) ensuring the finished result is to the client's satisfaction and meets the agreed service plan,

7. Provide aftercare advice by:

- a) giving **advice** and recommendations accurately and constructively
- b) giving your clients suitable **advice** specific to their individual needs.

Unit N8 Enhance and maintain nails using wraps

What you must cover (Range)

Your performance must cover:

1. **Consultation techniques** include:
 - a) questioning
 - b) visual
 - c) manual
 - d) reference to client records.

2. **Necessary action** includes:
 - a) encouraging the client to seek medical advice
 - b) explaining why the treatment cannot be carried out
 - c) modifying the treatment.

3. **Nail shapes and conditions** include:
 - a) bitten
 - b) ski jump
 - c) fan
 - d) misshapen
 - e) split.

4. **Problems** with enhancements are:
 - a) lifting of product
 - b) cracking and splitting of product
 - c) loss of artificial nail structure
 - d) discolouration of product
 - e) damage of natural nails.

5. Wrap **fabrics** are:
 - a) silk
 - b) fibre glass
 - c) other.

Unit N8 Enhance and maintain nails using wraps

6. **Nail maintenance techniques** are:
 - a) infill
 - b) rebalance with fabric
 - c) replacement of overlay
 - d) repair of overlay.

7. **Removal** covers:
 - a) chemical
 - b) manual.

8. **Advice** covers:
 - a) suitable aftercare products and their use
 - b) avoidance of activities which may cause contra-actions
 - c) recommended time intervals in-between wrap nail enhancement.

Unit N8 Enhance and maintain nails using wraps

What you must know

To perform this unit successfully, you will need to know and understand:

Organisational and legal requirements

1. your responsibilities under relevant health and safety legislation and the industry Code of Practice for Nail Services
2. the importance of not discriminating against clients with illnesses and disabilities and why (eg Disability Discrimination Act)
3. why it is important, when treating minors under 16 years of age, to have a parent or guardian present
4. why minors should not be given services without informed and signed parental or guardian consent
5. the legal significance of gaining signed, informed client consent to treatment
6. the importance and reasons for keeping records of clients, their services and gaining client signatures
7. the importance of the correct storage of client records in relation to the Data Protection Act
8. the possible risks to yourself of ineffective positioning of clients and how to avoid potential discomfort and injury to yourself
9. why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
10. how to minimise and dispose of waste from wrap nail enhancement service
11. your salon services times and the importance of completing nail services in a commercially viable time
12. the salon pricing structures for wrap enhancements

How to work safely and effectively when providing wrap enhancements, maintenance and removal

13. the type of personal protective equipment that should be available and used by yourself
14. why it is important to use personal protective equipment
15. what is contact dermatitis and how to avoid developing it when carrying out wrap enhancement, maintenance and removal
16. how to prepare, use and maintain tools, equipment and materials for the wrap nail enhancements
17. methods of disinfecting and sterilising tools and equipment
18. the importance of and reasons for disinfecting hands and how to do this effectively
19. the necessary environmental conditions for nail services (including lighting, heating, ventilation and general comfort) and why these are important

Unit N8 Enhance and maintain nails using wraps

20. why it is important to maintain standards of hygiene and the principles for avoiding cross-infection
21. how to effectively and safely position tools and materials for wrap enhancements
22. how to avoid potential discomfort and injury to yourself and the risks of poor positioning to clients
23. the condition in which the work area should be left and why this is important

Consult, plan and prepare for the treatment with clients

24. how to use effective consultation techniques when communicating with clients from different cultural and religious backgrounds, age, disabilities and gender for this treatment
25. how to give effective advice and recommendations to clients
26. the questioning and listening skills you need in order to find out information
27. how to conduct a nail and skin analysis
28. the importance of questioning clients to establish any contra-indications to wrap enhancements
29. why it is important to record client responses to questioning
30. the legal significance of client questioning and of recording the client's responses
31. how to prepare service plans
32. why it is important to encourage and allow time for clients to ask questions
33. the importance of and reasons for not naming specific contra-indications when encouraging clients to seek medical advice

Contra-indications and contra-actions

34. the types of conditions and disorders that may contra-indicate the service and why (eg fungal, bacterial, viral and parasitic infections to the skin and nails, severe nail separation or damage, severe eczema, psoriasis and dermatitis)
35. the types of conditions and disorders that may restrict the service and why (eg minor nail separation, minor eczema, psoriasis and dermatitis, severely bitten or damaged nails, unknown swelling and redness)
36. the importance of questioning clients to establish any contra-indications to nail services
37. the importance of and reasons for not naming specific contra-indications when referring clients to a general practitioner
38. the contra-actions which may occur during or after the service and how to deal with them (eg allergic reactions, overexposure and exo-thermic reaction, bacterial infections, nail separation, lifting of product, premature loss of extension)

Anatomy and physiology

39. the structure of the nail unit (ie the nail plate, nail bed, matrix, cuticle, lunula, hyponychium, eponychium, perionychium, free edge, the lateral nail fold)

Unit N8 Enhance and maintain nails using wraps

40. the process of nail growth (ie nail formation, growth rate, factors affecting growth, the effects of damage on growth, nail thickness)
41. the structure and function of the skin (ie dermis, epidermis, subcutaneous layer, appendages)
42. the different natural nail shapes you are likely to come across during wrap services and how this can affect your service plan (eg hook, spoon, fan and bitten)

Wrap nail service

43. the chemical composition of wraps
44. the chemical reaction that takes place during the curing process
45. the importance of using the correct methods and techniques to avoid overexposure
46. the key differences in application and process for gel, wraps, liquid and powder
47. how to adapt application techniques to meet the nail shapes and conditions on the hands and feet in the range
48. the different products and techniques to cosmetically enhance nail shapes and conditions in the range
49. the importance of natural nail preparation prior to nail enhancement services
50. the importance of preparation and safe use of files and buffers to prevent nail and skin damage (eg grit, grip and pressure)
51. how to select and use various types of files and buffers for nail enhancement services
52. the features and benefits of wrap fabrics
53. the action of nail enhancement products on nails, cuticle and skin
54. how the incorrect application of nail enhancements can damage the natural nails and surrounding soft tissue
55. the action of nail enhancement products on nails, cuticle and skin
56. why it is important to leave a free margin around the cuticle and side wall area
57. the importance of achieving maximum strength, appearance and longevity by use of correct nail balance and shaping
58. the importance of choosing the correct size and type of tip
59. the advantages and disadvantages of using blended and unblended tips
60. the importance of correct tip application and blending

Maintenance and repair

61. the techniques for repairing natural nails including splits, cracks, flaking and breakages
62. the techniques for repairing nail enhancements including lifting, cracking, premature loss and discolouration
63. the factors that influence maintenance requirements for the wrap system
64. the importance of selecting and carrying out the correct removal techniques for the wrap system

Unit N8 Enhance and maintain nails using wraps

Aftercare advice for clients

65. aftercare, maintenance and removal requirements for wrap nail enhancements
66. recommended intervals between wrap nail enhancement services
67. the contra-actions that could occur after nail services and what advice to give to clients
68. suitable home care products and how to apply them
69. how to deal with accidental damage.

